

# **AUTUMN 2003 ISU REPORT**

## **STARTING UP A NEW ISU – BRANCH**

Oslo University College is one of the first established ISU branches of a university college. This takes a lot of time and effort from all of the executive members of the ISU. The other branches have already more knowledge and experience of previous ISU boards. So far we as ISU Oslo University College are satisfied about the results we have achieved. The ISU had a brainstorm session during the weekend of 12 until 14 September in Ås.

### **Goals and board**

The goals of the ISU branch are:

- To integrate the Norwegian students and the international students.
- Representing the international students.
- Organizing activities for the international students.

The executive exists of 5 members; the president, the vice-president, the treasure, the general secretary and the secretary of social activities. The nationalities of the branch are now Dutch, Spanish and Serbian. The ISU branch has a budget of 15.000 NOK every semester.

### **Activities**

The executive decided to focus first on organizing activities for the international students, because the students would get easier in contact with each other. In this semester we as the ISU have organised several activities like a free dinner evening, bowling evening, game evening and going to the movies. For the upcoming months the ISU has planned activities as well; like an ice skating event and a farewell party. The international students are informed about the events through monthly newspapers. These newspapers are sent to them by mail and handed out during the international cafes. The ISU was also partly involved in organising a cabin trip for the international students.

Here follows a short description of the events organized so far.

### **Free dinner evening (6.10.2003)**

From idea to realization: we bought all the ingredients and asked the cook from the local school restaurant to help us out with the cooking. The main idea was to keep it as simple as possible, so that it's not so much work (rice with sauces is a perfect solution – the main ingredient was actually a TORO sauce which the student parliament had plenty of) We also bought paper plates, plastic forks and knives, napkins. The dinner was a success (free food usually is!) and we managed to feed around 50 hungry mouths. There were taken pictures with a digital camera, which were put on the site.

### **Activity Report.**

**Date:** 6 October 2003

**Activity:** Free Dinner

**Number of participants:** 50

**Idea:** The idea was to make a simple dinner. The dinner consisted of rice, chicken and TORO sauce. The sauce was free, because the student parliament had sauce left over.

**Organisation:** We bought all the ingredients and asked the cook from the Fyrhuset to cook the meal for us. We also bought paper plates, plastic forks and knives, napkins. After a certain time we could pick up the food and we brought it to the Samfunnet. There we divided the food over all the plates. There were taken pictures with a digital camera, which were put on the site.

**Recommendations:** The next time we could have bought a little bit more food, because we had just enough.

**Budget:**

**Costs (in NOK)**

Rice 4 kilo	75,00	
Cutery, plastic		45,00
Plaids	30,00	
Chicken 2,25 kilo		300,00
Extra's (bags, etc.)		12,50
Sauce	0,00	
<b>Total costs</b>	<b>462,50</b>	

**Data:** None

## **Bowling (12.10.2003)**

From idea to realization: we called the bowling centre and arranged one hour of bowling on a Sunday (a good day, because most of the students don't have any plans). We reserved 7 lanes for one hour and we played with 40 people. It was very important to give the people a deadline to sign up so that we can reserve the lanes in time (which is one week in advance). Bowling evening was a success (a lot of fun, the people who have never done it before were really enjoying it, as well as those who have – they refreshed on their "expertise").

### **Activity Report.**

**Date:** 12 October 2003

**Activity:** Bowling

**Number of participants:** 40

**Idea:** To go bowling with all the international students for one hour on Sunday.

**Organisation:** We first called the bowling centre to ask if it was possible to go bowling on this specific date and time. We also reserved 5 lanes in advance. Then we made a register list where all the students could sign in for the event. We came quickly to the conclusion that we did not have enough lanes, so we reserved 2 extra. You should keep in mind that you reserve early the lanes, because sometimes the lanes are already reserved. The lanes should be reserved one week in advance. At the day itself two persons went to the bowling centre to make sure that everything was ready. The other members of the ISU waited at school and walked with all the participants to the bowling centre. The evening was a success. You can ask the bowling centre if they can send the receipt to the student parliament, because it was such a big amount of money.

**Recommendations:** None.

**Budget:**

**Costs (in NOK)**

<b>Total costs</b>	<b>2725,00</b>
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**Data:**

Solli Bowling

Drammensveien 40

N-0255 Oslo

Tel: 22 44 45 61

### **Game evening (20.10.2003)**

Irene and Jorrit were the main organizers for this evening. They came up with interesting games:

#### 1. Guessing game

Game related to movies/TV and proverbs. One person has to express a proverb to his group without talking. The group has to guess the word or sentence.

#### 2. Yoghurt game

A blindfolded person had to feed yoghurt to a person who is hand tied. The couple who has after 1 minute the less yoghurt in his .... Is the winner.

#### 3. Role-play

Each group has to prepare a role-play or song in a time of 10 minutes. The theme is "be a Norwegian".

#### 4. A quiz

The quiz existed of questions in general and some about international students which were joining.

We bought yoghurt, prizes for the winners and snacks. It was a success (people enjoyed working in groups – there were around 30 people).

### **Activity Report.**

**Date:** 20 October 2003

**Activity:** Game evening

**Number of participants:** 30

**Idea:** The idea for the game evening was that we would play four games. All the participants were divided in four groups and they had to compete with each other. The group with the most points is the winner of the evening.

#### **Organisation:**

We came up with interesting games:

#### 1. Guessing game

Game related to movies/TV and proverbs. One person has to express a proverb to his group without talking. The group has to guess the word or sentence.

#### 2. Yoghurt game

A blindfolded person had to feed yoghurt to a person who is hand tied. The couple who has after 1 minute the less yoghurt in their cup were the winners.

#### 3. Role-play

Each group has to prepare a role-play or song in a time of 10 minutes. The theme is "be a Norwegian".

#### 4. A quiz

The quiz existed of questions in general and some about international students, which were joining.

We bought yoghurt, prizes for the winners and snacks. It was a success and people enjoyed working in groups.

**Recommendations:** None

**Budget:**

**Costs (in NOK)**

Snacks, Chips etc.	86,50
Household stuff, plastics bags, rope, etc	44,50
Yoghurt for game	38,50
Presents for the winners	160,50
Pizza for ISU	137,00
<b>Total costs</b>	<b>467,00</b>

**Data:** None

### **Cinema evening (10.11.2003)**

From idea to realization: We checked all the cinema's in town for a group discount. We went the movie Intolerable Cruelty. 20 students joined the cinema evening and they had to pay all 40 NOK. The ISU subsidized the tickets for 25 NOK (10 NOK of the ISU budget and 15 NOK trough discount of the cinema centre)

We walked with the whole group to the cinema centre and the evening was a success.

### **Activity Report.**

**Date:** 10 November 2003

**Activity:** Cinema evening

**Number of participants:** 20

**Idea:** Watching a movie with all the international students.

**Organisation:** We checked all the cinema's in town for a group discount. It's important that you reserver places in advance otherwise the cinema is full. We also would recommend you to go to the cinema to reserve places, because reserving is not easy by phone. We went to the movie Intolerable Cruelty. All the students had to pay all 40 NOK. The ISU subsidized the tickets for 25 NOK (10 NOK of the ISU budget and 15 NOK trough discount of the cinema centre). We walked with the whole group to the cinema centre and the evening was a success.

**Recommendations:** None

**Budget:**

#### **Costs (in NOK)**

Discount on tickets 180,00

ISU tickets 150,00

**Total 330,00**

**costs**

**Data:**

Saga Kino

billettbestill. Teletorg

Stortingsg. 28, 0161 Oslo

Tel: 820 30 000

## **Activity Report.**

**Date:** 9 December 2003

**Activity:** Ice skating event

**Number of participants:** 16

**Idea:** To go ice skating with all the international students.

**Organisation:** We announced by mail where we could go ice-skating, when, etc. One of the members of the ISU went to the ice skate area. We asked if we could ice skate on that specific date, time and what the costs were. We would recommend going to the ice skate area in Karl Johansgate. The area has a really good atmosphere. We agreed with all the students to meet at the ice skate area, because many people know the place. We rent the ice skates in the Narvisen. The evening was a success. The rental of ice skates is 45 NOK per person and 10 NOK to leave your bags in the restaurant.

**Recommendations:** None.

### **Budget:**

#### **Total costs (in NOK)**

Rental of ice skates	720,00
Costs for bags	30,00
<b>Total costs</b>	<b>750,00</b>

### **Data:**

Narvisen

Spikersuppa, next to Karl Johansgate

November- March

Tel: 22 30 30 33

### **Constitution**

The ISU executive of Oslo University College has written the constitution and regulations. In the weekly meeting of the executive we have agreed on the text. We used the constitution and regulations of the ISU Trømso as an example for our constitution. The constitution and regulations have to be approved at the next General Assembly in the spring semester. At this general assembly new persons will be chosen for the executive as well.

### **Memory book and new students**

The ISU executive is also making a memory book for all the international students, which have studied or are studying during the autumn semester at Oslo University College. In the book you will find several articles written by students and pictures of each student with their name, nationality and mail address. The ISU is also going to send information to all the new students that will study next semester at Oslo University College. The information will include an information letter or newspaper from the ISU executive, a map of Oslo, a guide and other information.

## **SPRING 2004 ISU REPORT:**

Oslo University College now has a new board consisting of 4 people. There are a lot of new international students here this semester as well. We are excited to carry out the many activities and plans we have made. Some are taken from the success of last semester and some we are trying for the first time. You also can check the website at [www.studentparlamentet.no](http://www.studentparlamentet.no), look for ISU to the left.

The new board is:

- Cristina Cárcamo, President, from Spain, [christinacarcamo@yahoo.es](mailto:christinacarcamo@yahoo.es), 45 41 52 43
- Ana Morokvasic, Public Relations Coordinator, from Serbia, [ana.morokvasic@stud.lu.hio.no](mailto:ana.morokvasic@stud.lu.hio.no), 45 22 99 35
- Jeff Chu, Finance Coordinator, from Canada, [jchu01@hotmail.com](mailto:jchu01@hotmail.com), 99 37 43 22
- Lana Vivian, Activities Coordinator, from Canada, [lane.vivian@stud.oks.hio.no](mailto:lane.vivian@stud.oks.hio.no), 99 37 44 55

Budget: To Be Announced (Hio Administration has yet to inform us of the details of the budget). Attached is our schedule of events we have planned and the system will be that prior to every event we will ask for money and report the budgets afterwards.