

Kick Off Meeting Minutes 23-25 September, 2016
Høgskolen i Oslo og AKerhus, Athene Auditorium

FRIDAY

- 14.00 – 14.45** Lunch and Registration
- 14.45 – 15.00** Welcome to ISU Kick-Off weekend.
- 15.00 – 15.30** Welcome from HioA pro-rector Morten Irgens.
- 15.30 – 16.45** Eton Williams has a presentation about ISU History.
- 16.45 – 17.15** The National President holds a presentation about what ISU is and works for, how we work to influence Norwegian policy etc.
- 17.15 – 17.30** **Breaks**
- 17.30 – 17.50** Heidi Bergestig holds a presentation about Industri Energi and the cooperation they have with ISU Norway.
- 17.50 – 18.45** Workshop 1: ISU Work. The local branch delegates will be split into 3 different groups, and will have workshops about National Work, Local Branch work and Political work held by the Executive Board members.
- 18.45 – 19.00** Next day and practical information.
- 19.00 -** Dinner and social night

SATURDAY

10.00 – 10.25 Registration

10.30 – 11.45 Norway Talks/Icebreaker presentation by Rikke Andersen and Daniel Hernández Iniesta (National President)

The delegates are divided into 4 groups to come up with ideas for the campaign week,

Group 1 = Music on the stand, near cafeteria to have many people passing by. Challenge them with a question. Can collaborate with a Norwegian organization to include Norwegians in the events we make together.
Cultural events with Food.
Scavenger hunt, people can go from one station to another
Can ask Norwegian friends to “recruit” more students. A mix of both Norwegians and internationals can be easier to approach.
Ask a teacher if we can use 5 minutes of a class to inform about it.

Group 2 = First day, have a stand with buns and waffles to lure norweigians to come. Can have a list/poster of upcoming events.
Posters in the bathrooms. (ask janitors for permission).
Have info during international week if that is the campaign week.
Let the student parliament know about the campaign.
Coffee around the world, Show fun facts from their own country, can use icebreaker in this event
Quiz about different questions. Have a game, how many international students are at the school? Win a prize.
Treasure hunt around the school, go to international office to find a clue, google a country... have stations with an international vibe.
Make videos with international people.

Group 3 = Base it on the Icebucket challenge, have a same kind of video, but without water. Ask, how close can you be to a stranger? Can have #icebreaker and #getclose as hashtags. Have a prize to see which picture is the funniest (local or national).
Cooperate with a local sportsclub (quidditch) in something no one is good at, to have fun and make a fool of yourself.

Group 4 =	Free hugs campaign. Mental student health day on the 10 th of October, can combine it with that. Alternatively, free High Five. Game night or pop quiz with alcohol, since Norwegians often loosen up then. Stereotypes of different countries, which one is true?
11.45 – 12.00	Can have a challenge where you send a sentence to someone, say this in 1 day or give a free hug to someone. Break
12.00 – 12.30	Valeska Schimmelpfenning holds a presentation about ESN Norway and talks about cooperating with the ISU local branches.
12.30 – 1300	The Political Affairs Officer in the Executive Board talks about the meaning of the principle of freee education.
13.00 – 14.00	A couple of local branches hold presentations from their events.
14.00 – 15.00	Kristin Lauvstad Tufte from LNU holds a workshop regarding Frifond, how to report and how to keep the accounts. The branches have a go at a report, application to see if they understand the guidelines.
15.00 – 16.00	LUNCH
16.00 – 17.00	Tuva Widskjold from Changemaker has a presentation about the work they do in Norway and talks about their current campaign focusing on global health issues.
17.00 – 17.05	Break
17.05 – 17.30	Kristina Klagkegg from the Studentparliament in UiO talks about how the local branches can work with their local SP.
17.30 – 18.30	Local branches continue with their presentations.
18.30 -	Dinner and Icebreaker Team building activity.

Sunday

- 09.30 – 10.30 Breakfast and Registration
- 10.30 – 11.00 The last local branches hold their presentation
- 11.00 – 11.15 National Board member Nour holds a presentation about Students at Risk.
- 11.15 – 11.35 National President talks about leadership and team work and encourages the local branches to communicate with the rest of the board and tell the NB if there is anything they are having problems with.
- 11.35 – 11.50 Break
- 12.00 – 13.00 Leadership Meeting 1 in Tromsø (4-6 November). LBs have ideas about what we can discuss at the LM1.

All LBs can ask for a meeting with their student parliament and they can share their information at the LM1.

Can include (voluntary) star stories from their LB, if they have something that have went really well, cooperation, events etc.

Can we bring Norway on the map regarding education? How do we get international students interested in Norway?

Can we make an Ambassador program?, have people in charge of talking about Norway after an exchange or during.

Can use this as a part of the alumni network.

Would like to have more workshops and brainstorming at the LM.

People want workshops in: Continuity, how to work in a board, how do you make a presentation about ISU,

Have a local branch template constitution.

Tromsø will look at the kind of social events they can have, do they have something for people who are not fond of partying for example.

Many people have not been to Tromsø, what should they bring? Warm clothes? Make a list to send to delegates.

If someone would like to try couch surfing to save some money for the national board. It will be around 10 minutes away from the University.

Who can be speakers: SAIH, Student Parliament, International Officer/pro rector etc, NOKUT to talk about refugee inclusion project.

We will discuss about changemaker maybe, if we can make an official cooperation.

DO you have volunteers in Tromsø who can help? The executive board of tromsø will help (10 people).

Let the national office know in advance if you need to leave early, have someone who can be there for the entire weekened, make sure you send someone who is available, that don't have exams etc.

13.00 – 13.45

LUNCH

13.45 – 14.15

Open discussion and meeting evaluation